



FORT 4 FITNESS

SPRING CYCLE

FORT WAYNE, IN | 2026



Fort4Fitness Leadership

BOARD OF DIRECTORS

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Jade Kelsey

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John Motz

Jenn Sylvester

Jake Torkeo

SPRING CYCLE PLANNING COMMITTEE

Jade Kelsey | Co-Chair

Jake Torkeo | Co-Chair

Forrest Bandor

Sami Blair

Rick Bokern

Kevin Chandler

Zac Compton

James Holm

Satin Lemon



Schedule of Events

UNIVERSITY OF SAINT FRANCIS

FRIDAY, MAY 29TH

3:30PM - 6:30PM **Packet Pick-Up/On-Site Registration**
Inside Hutzell Athletic Center

SATURDAY, MAY 30TH

8:00AM - 9:30AM **Packet Pick-Up/On-Site Registration**
Inside Hutzell Athletic Center

8:00AM **Welcome And Opening Ceremonies**
Start Line: Hutzell Athletic Center

8:30AM **Start: Metric Century 100K and 47 Mile**
Start Line: Hutzell Athletic Center

9:00AM **Start: 33 Mile and 18 Mile**
Start Line: Hutzell Athletic Center

9:30AM **Start: 6 Mile Family Ride**
Start Line: Hutzell Athletic Center

10:00AM - 11:00AM..... **Wheels On Campus (Open Start)**
Start Line: Hutzell Athletic Center

10:30AM - 2:00PM **Post-Ride Finish Area**
Hutzell Athletic Center Parking Lot



Special thanks to our Corporate Connections

The Corporate Connection Program provides an opportunity for companies to encourage healthy living and physical activity in its employees. Through the program, companies offer their employees incentive to participate in one or more Fort4Fitness events by covering the cost (or a portion of the cost) of employee registrations.

Visit fort4fitness.org to register your company!

OUR 2026 CORPORATE CONNECTIONS

3Rivers Federal Credit Union

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The Berne Witness

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MedPro Group

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Vera Bradley Designs

Votaw Electric



Thank you to all of our volunteers!

It takes more than 1,000 volunteers to make Fort4Fitness events possible. We would like to say thank you to everyone who has given their time and talent to help make our events happen.

Our volunteers do so much to help us continue our mission of “inspiring healthy living and fitness throughout the Greater Fort Wayne region.” Please give a big “thank you” to anyone you see in a volunteer shirt!



PROUD TO SPONSOR THE
FORT4FITNESS Spring Cycle



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Letter From Spring Cycle Co-Chairs

Thank you for participating in the Fort4Fitness Spring Cycle!

Fort4Fitness is thrilled to be hosting the Spring Cycle event for its 15th year on Saturday, May 30th!

The Spring Cycle features five tour distances, catering to participants of all ages and abilities. Our staff, volunteers, safety personnel, and the City of Fort Wayne all work together to ensure a well-organized, efficient and safe event. And with our Start Line and Finish Line at the University of Saint Francis, food trucks and music, Fort4Fitness is looking forward to hosting a fun ride that participants will want to put on their calendars every year!

Fort4Fitness inspires healthy living with four main events: Spring Cycle, Summer Sunrise Relay, Fall Festival, and the Winter Wonder Dash 2K/5K. Through these events, participants are simultaneously focusing on fitness, community pride, and all the wonderful amenities that Fort Wayne, Allen County, and Northeast Indiana has to offer.

Fort4Fitness also connects the Spring Cycle to the community through the Corporate Connection program, in which companies incentivize employees to train for and participate in the event, and through the Charity Partner program, which directly benefits the non-profits in our local area.

As always, none of this would be possible without our Fort4Fitness Board, Spring Cycle Committee members, and all the outstanding sponsors that you see in this program.

Jade Kelsey

Jake Torkeo

Thanks for being a part of the 15th Annual Spring Cycle!

Get registered for more 2026 Fort4Fitness events!

- Summer Sunrise Relay: June 27th, 2026
- Fall Festival: September 26th, 2026
- Wonder Dash 2K/5K on November 13th-14th, 2026

Visit www.Fort4Fitness.org for more information



Jade
Jake



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The Culligan logo is written in a blue, cursive script font.

Culligan

The ULTRAPURE logo features a blue water drop icon above the word 'ULTRAPURE' in a bold, blue, sans-serif font, all enclosed within a blue rectangular border.

ULTRAPURE

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Anyone can become dehydrated without drinking enough water.



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A background image of a glass of water being poured, with water splashing and creating bubbles.

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Letter From the Mayor of Fort Wayne



Dear Fort4Fitness Participants,

Welcome to the 15th Annual Spring Cycle. The City of Fort Wayne is proud to have a part in providing you with a fun-filled day of cycling and community. The mission at Fort4Fitness is to inspire healthy living through fitness in the Greater Fort Wayne region, and this annual morning bicycle ride has repeatedly proven to do just that and more.

People of all ages, abilities, and lifestyles come out for this event, typically drawing a crowd of around 1,000 participants. Fort Wayne is a bike friendly community, and we are happy to be able to feature the incredible growth of our city through this ride.

Fort Wayne is a great place to live, work and play as we strive to be a fun, family-friendly, and safe community. This Spring Cycle event is one of many excellent amenities our city offers, and it would not be possible without the hard work of the organizers, corporate sponsors, and volunteers. I continue to be encouraged by the fantastic partnerships that make events like these successful here, in Indiana's second-largest city.

Whether you are here to challenge yourself with the Metric Century ride, to enjoy a more casual ride on one of the shorter courses or take the family on the 6-mile course, I hope you are inspired to continue taking steps toward better health and fitness.

Sincerely,

Sharon Tucker
Mayor

A handwritten signature in grey ink, appearing to be 'ST', written in a cursive style.



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FORT4FITNESS

FALL FESTIVAL

The Fort4Fitness Fall Festival is biggest community celebration of fitness in Downtown Fort Wayne! September 25th & 26th, 2026



Every year, thousands of athletes train for and participate in the Fall Festival.

The Saturday event features three race distances (4 Mile, 10K, and Half Marathon) to suit people of all ages and abilities! Participants are enthusiastically encouraged along the way by neighborhood cheer groups and live music performers, and they're awarded a finisher medal at the Finish Line at Parkview Field. Whether you're a beginner, a casual runner or seasoned competitor, this is the race for you! All participants will receive a race shirt, goody bag, and finisher medal.



REGISTRATION OPEN NOW AT [FORT4FITNESS.ORG](https://fort4fitness.org)



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JUNE 27TH, 2026

Gather your friends, family, and colleagues for the event that is sure to be the highlight of your summer!



The Summer Sunrise Relay is a friendly competition with the atmosphere of a fun backyard party! Sign up your team (or as an individual) to run as many one-mile laps as possible during the four-hour time frame.



REGISTRATION OPEN NOW AT FORT4FITNESS.ORG

Letter from the Founder

To Fort4Fitness Participants,
Volunteers, and Spectators:



On behalf of our sponsors, staff, and board, I welcome you to our four signature fitness events in 2026:

- 15th annual F4F Spring Cycle on May 30th;
- 6th annual F4F Summer Sunrise Relay on June 27th;
- 19th annual F4F Fall Festival on September 25th & 26th; and
- 11th annual F4F Winter Wonder Dash 2K/5K on November 13th & 14th.

Every year, thousands of participants take part in one or more of these Fort4Fitness events. This year, we expect the same: volunteers, spectators, community partners, and participants all celebrating fitness in the Greater Fort Wayne region, together.

I would ask you to join me in thanking and honoring all who give their time, talent, and treasure to help these events thrive year after year:

- **Our generous sponsors** that you see in this program and on our website.
- **The event chairs:** (Jade Kelsey & Jake Torkeo) for the Spring Cycle; Heather Leas for the Summer Sunrise Relay; Brent Haring & Jenn Sylvester for the Fall Festival; and Brad Altevogt for the Winter Wonder Dash 2K/5K) - and each of their great committees.
- **F4F board members** and our hundreds of **friendly volunteers** who dedicate so much time to F4F
- **F4F staff** (Executive Director Satin Lemon; Registration & Programs Director; Sami Blair; Race Director Zac Compton; and Volunteer Coordinator, Amanda Burge).
- **The City of Fort Wayne** and the terrific public safety and healthcare professionals.

We are proud to have grown the organization over the past 19 years to what it is today, and we hope to continue expanding and improving our events as we move forward. Fort4Fitness organizers excitedly anticipate seeing this year's events come together and will be cheering on participants as they cross the finish lines!

Tim Kenesey
F4F Founder & Board Chair

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FORT 4 FITNESS
SPRING CYCLE



Wellness



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