

FORT 4 FITNESS

FALL FESTIVAL

**4 MILE | 10K
HALF MARATHON**



SEPTEMBER 25TH & 26TH, 2026

PARKVIEW FIELD

1301 EWING ST, FORT WAYNE, INDIANA

Thank you for being a part of Fort4Fitness 2026!

Our 19th Annual Fort4Fitness Fall Festival includes events for all ages and skill levels. It is thanks to you, our participants and volunteers, that it has become a great annual celebration of fitness!



Here's a special thank you from two team members who make it all happen: our 2026 Fall Festival co-chairs



Brent Haring

"Thank you all for your participation in Fort4Fitness. I can attest that the positivity and encouragement in Parkview Field is always at an all-time high each year on this day! A special thank you to the hundreds of volunteers that help make this great event happen. F4F does not exist without you!"



Jennifer Sylvester

"There is nothing like the Finish Line at Fort4Fitness on race morning! Thank you all for your participation, whether it be as a runner, walker, volunteer or cheer group. It's great to see so many in our community participating in the event. This is one of my favorite events in Fort Wayne and I love watching people accomplish their goals!"

Fort4Fitness Leadership

Board of Directors

Brad Altevogt

Tara Baker

Mark Dely

Candice Dunkin

Sarah Earls

Tabitha Ervin

Brent Harring

Nick Johnston

Jade Kelsey

Tim Kenesey

Heather Leas

John Motz

Jenn Sylvester

Jake Torkeo

Fort4Fitness Staff

Sami Blair

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Friday, September 25th

Schedule of Events



- 12:00PM - 8:00PM Packet Pick-Up
- 12:00PM - 8:00PM Fort4Fitness Festival Expo
F4F merchandise for sale & vendor displays
- 12:00PM - 6:00PM Kit’s Club and Silver Fox Club Fox Trot Mile Check-In
Located inside the main entrance on Brackenridge and Ewing St.
- 4:00PM - 7:00PM Bubble Party
Located inside the main entrance on Brackenridge and Ewing St.

-
- 6:30PM **Start: Fox Trot Mile**
Start Line located at the corner of Brackenridge and Ewing St.
 - 6:40PM - 7:30PM **Finish: Fox Trot Mile**
Finish Line located at home plate inside Parkview Field - Medals will be given to participants upon finish

Saturday, September 26th

Schedule of Events

Start Line: Near Parkview Field's Main Entrance	
Every race begins with the shooting of the cannon by Historic Fort Wayne, Inc.	
Welcome/Announcements provided by WMEE and PNC Bank.	
7:45 AM	Corrals Open for Half Marathon
7:50 AM.....	Welcome & Announcements
7:55 AM	Half Marathon Wheelchair Start
8:00 AM	Half Marathon Start
8:10 AM	10K Wheelchair Start
8:15 AM	10K Start
8:25 AM	4 Mile Wheelchair Start
8:30 AM	4 Mile Start

Inside Parkview Field

8:00 AM TO 12:00 PM

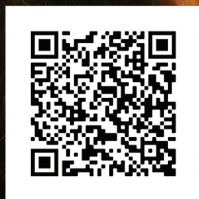
- Participants cross the Finish Line at home plate and receive their medals
- Finish Line announcements, provided by WBCL and Star 88.3
- Post-Race Food in the Lincoln Financial Event Center
- Merchandise in the Lincoln Financial Event Center
- Free beverage with coupon from race bib at TinCaps concessions
- Fall Festival Expo on the concourse
- Live music in amphitheater
- Preliminary race results will become available via the QR code on your race bib
- Event coverage by WANE-15



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Special Thanks to Our 2026 Charity Partners & Corporate Connections

Charity Partners

A Chosen Warrior	Fort Wayne Community Schools	Lost Dogs of Fort Wayne
Allen County Public Library	Fort Wayne Trails	Make-A-Wish
Alzheimer's Association Greater Indiana Chapter	Friends of the University Pantry	Mission 22
Blue Jacket	GiGi's Playhouse	NACS Education Foundation
Brightpoint	Hope's Harbor	Redemption House
Cancer Services of Northeast Indiana	Huntington County Humane Society	Ronald McDonald House Charities of Northeast Indiana
Erin's House	Iris Family Support Center	Stillwater Hospice
Fort Wayne Center for Learning	Kate's Kart	Turnstone
		YWCA Northeast Indiana

To give back to our community, Fort4Fitness implements the Charity Partner non-profit fundraising program annually. Registrants can choose a Charity Partner with no extra cost or commitment to them. If an organization can build a "team" of at least 100 participants who choose their organization, that non-profit will receive 10% of those registration costs as a donation at the end of the year.

Corporate Connections

3Rivers Federal Credit Union	The Ferguson Agency	Orangetheory Fitness
Allen County Public Library	Fort Wayne Metals	PNC Bank
Advance, a Terex Brand	Forvis Mazars	Premier Truck Rental
Anytime Fitness	Franklin Electric Co, Inc.	Reusser
Georgetown Square	Indiana Michigan Power	Riverside Mfg., LLC
Ash Brokerage	Indiana Tech	Ruoff Mortgage
Barrett McNagny LLP	Jones Petrie Rafinski	Steel Dynamics
The Berne Witness	MedPro Group	Vera Bradley Designs
Chick-Fil-A Coliseum Blvd.	Micropulse	Votaw Electric

The Corporate Connection Program provides an opportunity for companies to encourage healthy living and physical activity in its employees. Through the program, companies offer their employees incentive to participate in Fort4Fitness events by covering the cost (or a portion of the cost) of employee registrations.

Must-know tips for race day!



Know the start time of your race and the Start Line location.

Don't forget your race bib! Fill out the important medical information on the back and pin it in a visible location on the front of your race day clothing. The front of your bib also tells you which corral you will be in. Please wait until your corral and wave are called before entering.

Go to visitfortwayne.com to plan parking.

Make sure to review street closures at fort4fitness.org to know how to get close you can get to the Start Line.

Checking your gear? Gear Check opens at 7:00 AM inside Parkview Field. Use the gear check tag from your race bib and attach it to the bag that contains your belongings.

Grab a cheer sign at the Festival Expo!

Know the course amenities: water, first aid, and entertainment.

As you approach Ewing Street and the final stretch, enjoy your last moments coming into Parkview Field and finishing around home plate!

You did it—wave to the cameras!

Accept your well-deserved finisher medal from a volunteer.

Visit a concession stand for your free Flight by Yuengling , Michelob Ultra or soda. Stop in at Post-Race Food in the Lincoln Financial Event Center and listen to the music at the Post-Race Party as you recover from your race.

Get your race results! Scan the QR code on your bib.

Thank every volunteer you see!

2026 Fall Festival Medals & Shirts





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KIT'S CLUB

The Fort4Fitness Kit's Club, tailored for children aged 4-14, champions exercise, wellness, and healthy lifestyles for both kids and their families, offering an array of distinctive training programs and events.

They finish out the program at the Fox Trot Mile, where each participant receives a medal.



Learn More at Fort4Fitness.org



SILVER FOX CLUB

Designed with seniors in mind, the program encourages participants to stay active throughout the summer with various activities like walking tours, sitting yoga, boxing, and more!

Open to those over 50, participants aim to log enough miles to complete a marathon distance by the Fox Trot Mile event.



Learn More at Fort4Fitness.org

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Thank you to all of our volunteers!

It takes more than 1,000 volunteers to make Fort4Fitness events possible. We would like to say thank you to everyone who has given their time and talent to help make our events happen.

Our volunteers do so much to help us continue our mission of “inspiring healthy living and fitness throughout the Greater Fort Wayne region.”

Please give a big “thank you” to anyone you see in a volunteer shirt!



Letter From the Mayor of Fort Wayne

Dear Fort4Fitness Participants,

Welcome to the 19th Annual Fort4Fitness Fall Festival. This is a fantastic annual event that attracts not only northeast Indiana residents, but people from across the country, and even overseas. More than 4,000 participants are expected to take part in this year's 4 Mile, 10K, and Half Marathon, plus the Final Mile race for kids and older adults.



Fort4Fitness is committed to wellness, fitness, and healthy living by providing signature events year-round. The Spring Cycle, Summer Sunrise Relay, Fall Festival, and Winter Wonder Dash all cater to a diverse group of people. Some participants are just beginning their fitness journeys; others use F4F events as part of their continuous training. Many set their fitness goals around the Fort4Fitness schedule, and others come out just to experience a fun local weekend event. These events truly are for everyone.

Fort4Fitness also takes pride in the assets that the City of Fort Wayne has cultivated. The races are tailored for safety and fitness, yes, but also to showcase our vibrant downtown, Parkview Field, Fort Wayne parks and trails and historic neighborhoods – all of which help make Fort Wayne a great place to live, work, and play. The partnerships between Fort4Fitness and local businesses and organizations are also designed to benefit the community, providing programs to encourage wellness within corporate companies as well as providing fundraising platforms for non-profits.

Finally, I would like to thank the hundreds of volunteers, corporate sponsors and organizers who have worked countless hours to ensure the success of this community festival of health. On behalf of the residents of Fort Wayne, I commend you for your participation and your commitment and wish all of you well. By working together, we're providing an enhanced quality of life for all as a city that's fun, family-friendly, and safe.

Sincerely,

Sharon Tucker
Mayor of Fort Wayne





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Letter from the Founder

To Fort4Fitness Participants, Volunteers, and Spectators:

On behalf of our sponsors, staff, and board, I welcome you to our four signature fitness events in 2026:



- 15th annual F4F Spring Cycle on May 30th;
- 6th annual F4F Summer Sunrise Relay on June 27th;
- 19th annual F4F Fall Festival on September 25th & 26th; and
- 11th annual F4F Winter Wonder Dash 2K/5K on November 13th & 14th.

Every year, thousands of participants take part in one or more of these Fort4Fitness events. This year, we expect the same: volunteers, spectators, community partners, and participants all celebrating fitness in the Greater Fort Wayne region, together.

I would ask you to join me in thanking and honoring all who give their time, talent, and treasure to help these events thrive year after year:

- Our generous sponsors that you see in this program and on our website
- The event chairs (Jade Kelsey and Jake Torkeo) for the Spring Cycle, and Heather Leas for the Summer Sunrise Relay, Brent Harring and Jenn Sylvester for the Fall Festival, and Brad Altevogt for the Winter Wonder Dash 2K/5K) and their great committees
- F4F board members and our hundreds of friendly volunteers who dedicate so much time to F4F
- F4F staff (Executive Director Satin Lemon, Registration & Programs Director, Sami Blair, Race Director Zac Compton, and Volunteer Coordinator, Amanda Burge)
- The City of Fort Wayne and the terrific public safety and healthcare professionals.

We are proud to have grown the organization over the past 19 years to what it is today, and we hope to continue expanding and improving our events as we move forward. Fort4Fitness organizers excitedly anticipate seeing this year's events come together and will be cheering on participants as they cross the finish lines!

Tim Kenesey
Fort4Fitness Founder
and Board Chair





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NOVEMBER 13TH & 14TH, 2026

Grab your winter coat, hat, mittens and warm socks and get ready to experience one of Fort Wayne's favorite holiday traditions!



Every year, Blue Jacket, Inc. sets up beautiful holiday light displays throughout Franke Park for folks to drive through and enjoy. Fort4Fitness participants have special access to walk or run through the lights before the Blue Jacket drive-through event opens to the public! Gather a group of loved ones and create unforgettable, fun holiday memories as you take in the 140+ brilliant light displays.



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Saturday, June 5th, 2027

The Fort4Fitness Spring Cycle is an annual Downtown Fort Wayne bike ride, perfect for casual family rides and serious cyclists alike! The Spring Cycle event will feature a variety of tour distances so people of all ages and skill levels can participate!



Registration Opens January 1st, 2027



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The Summer Sunrise Relay is a friendly competition with the atmosphere of a fun backyard party! Sign up your team (or as an individual) to run as many one-mile laps as possible during the four-hour time frame. You can look forward to activities around the course, free water stations and live entertainment throughout the day.



Registration Opens January 1st, 2027



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Your Safety is our Priority.

We work with a number of organizations and individuals to make your Fort4Fitness experience the best it can be.

This support includes:

- Intersections and cross streets are marked and barricaded during the race to ensure the course is closed to vehicle traffic during the race times.
- Water stations are strategically located throughout the course. Your course map shows these locations. Each water station provides you access to hydration and first aid.
- Medical responders and first aid support are staffed throughout the event. Trained medical personnel will monitor the event both on the course during your run/walk as well as at the Finish Line at Parkview Field.
- Local police and volunteer course marshals provide added support during the races at intersections along your route.
- There are designated course captains (on bicycles) who patrol the course throughout the race events. They have direct communication with the Command Center to help respond to any emergency.
- There are vans designated as support vehicles following the course route and providing transportation to any participants who may need a return ride to Parkview Field.
- Local amateur radio operation volunteers provide added communication support on the Fort4Fitness course. They will be wearing green vests to assist in identification.

*There are events that could occur that are outside of the control of Fort4Fitness. Examples of these types of events include weather emergencies and public emergencies. We plan for these contingencies as well. For this reason, **Fort4Fitness reserves the right to cancel, delay or change the race to a nonscored event in case of extreme weather or other conditions affecting the safety of the participants.***

If a weather emergency or public emergency occurs, participants will be notified. This notification may consist of changing the flags at the water stations (see below), verbal notification from course marshals, text updates and emergency vehicles, and/or through the use of the Emergency Management weather alerting sirens. You should follow all directions provided by public safety officials, race staff, and volunteers.

Flag Warning System:

There will be a simple flag color system along the course to help warn participants of weather related or course related problems. Flags are located at each water station along the course.

NO FLAG	Proceed as normal.
GO!	Everything is fine, proceed as normal. Will be used to RESUME race after a delay.
CAUTION!	The heat index is at a point that participants should slow down and drink plenty of water OR possible storms are approaching and participants should begin to plan accordingly.
DANGER!	Storms or heat have disrupted the race. Participants should slow down and drink plenty of water. Official timing of the event has stopped and no awards will be given out.
STOP AND SEEK SHELTER!	Race has been cancelled due to extreme weather or course emergency. An event such as lightning, tornado or human disaster has occurred or is occurring. All participants need to seek shelter immediately.



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FORT 4 FITNESS

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Course Map

 Water Stations
(Hydration, Restrooms, Medical)

 4 Mile

 10K

 Half Marathon

Scan QR codes to see
interactive course maps
and turn-by-turn directions
for each distance.



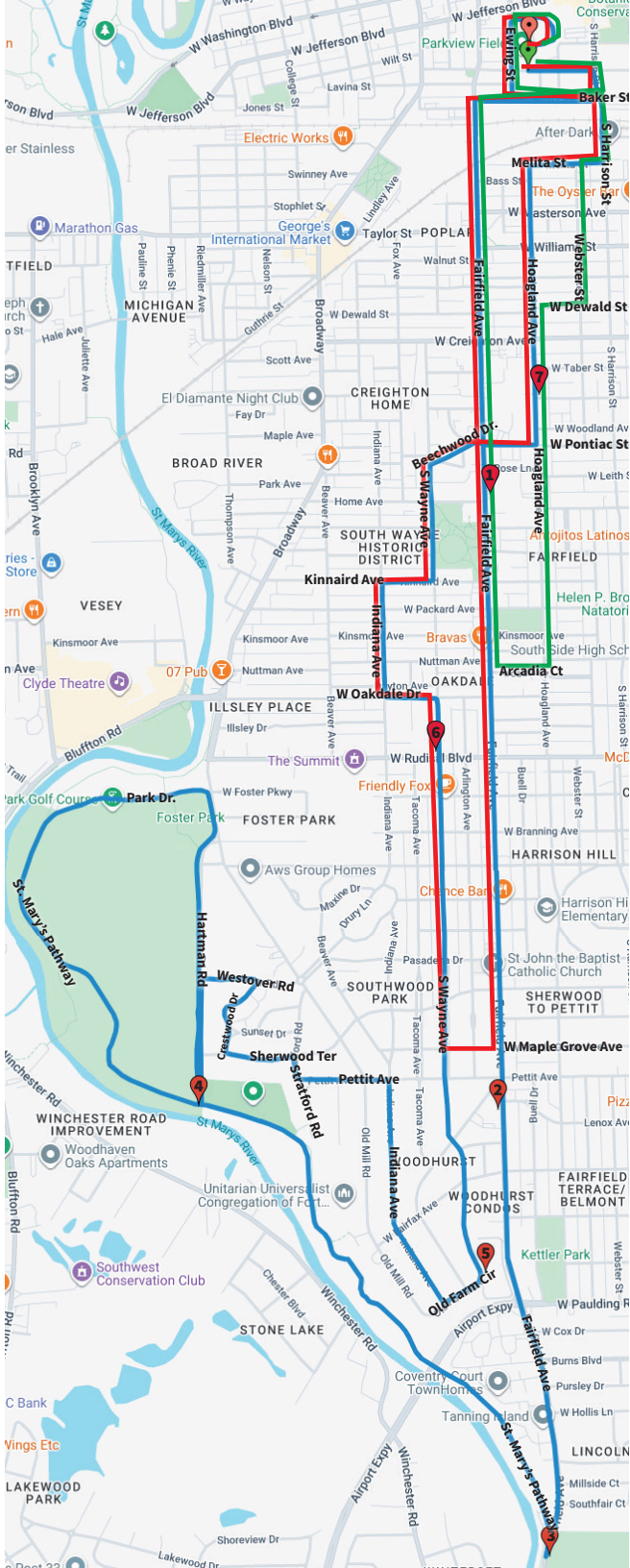
4 Mile



10K



Half Marathon



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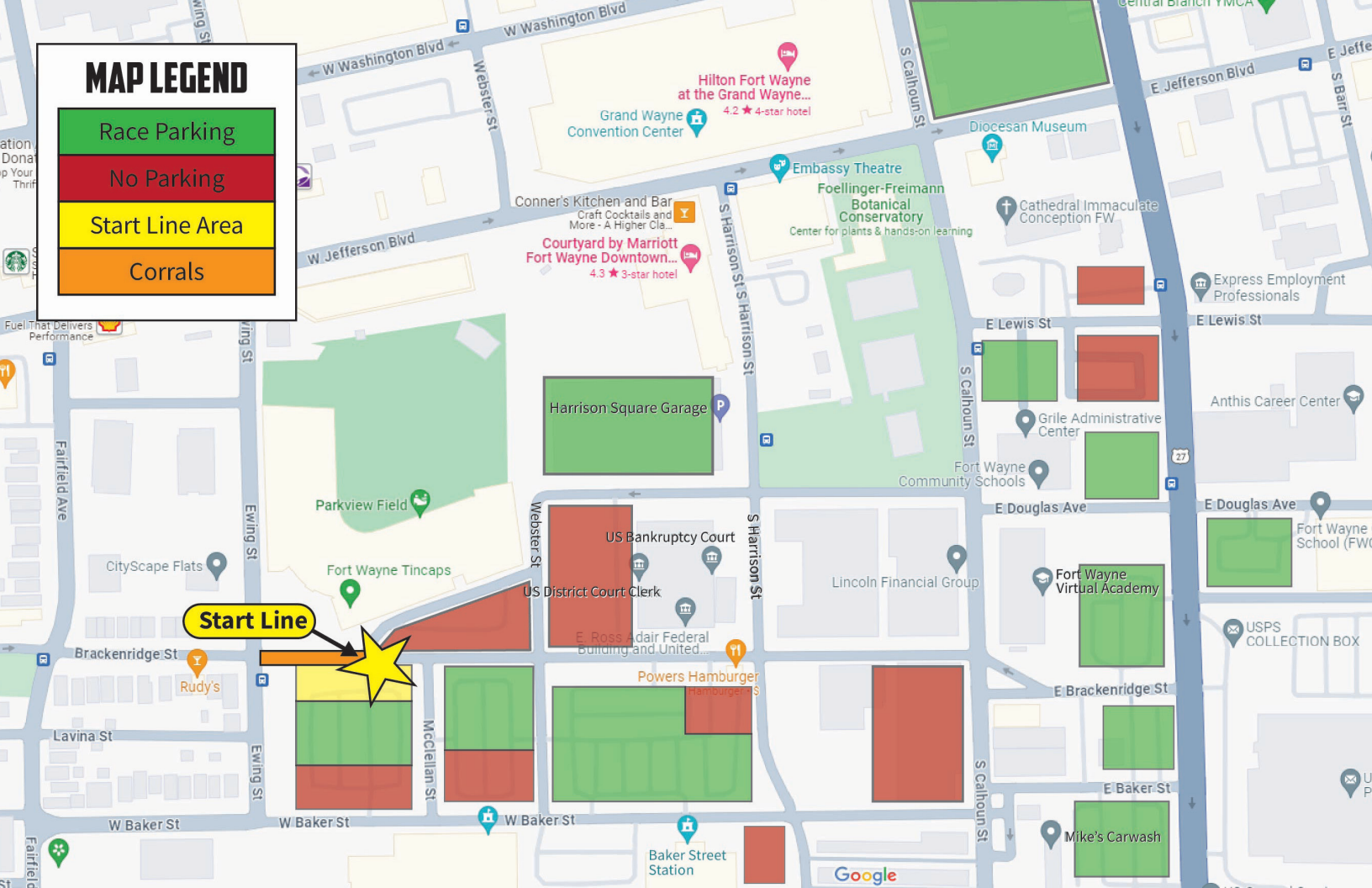
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Start Line Area

Corrals



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