

FORT 4 FITNESS
FALL FESTIVAL

**4 MILE | 10K
HALF MARATHON**



SEPTEMBER 26TH & 27TH, 2025

PARKVIEW FIELD

1301 EWING ST, FORT WAYNE, INDIANA

Thank you for being a part of Fort4Fitness 2025!

Our 18th Annual Fort4Fitness Fall Festival includes events for all ages and skill levels. It is thanks to you, our participants and volunteers, that it has become a great annual celebration of fitness!



Here's a special thank you from two team members who make it all happen: our 2025 Fall Festival co-chairs



Brent Haring

"Thank you all for your participation in Fort4Fitness. I can attest that the positivity and encouragement in Parkview Field is always at an all-time high each year on this day! A special thank you to the hundreds of volunteers that help make this great event happen. F4F does not exist without you!"



Jennifer Sylvester

"There is nothing like the Finish Line at Fort4Fitness on race morning! Thank you all for your participation, whether it be as a runner, walker, volunteer or cheer group. It's great to see so many in our community participating in the event. This is one of my favorite events in Fort Wayne and I love watching people accomplish their goals!"

Fort4Fitness Leadership

Board of Directors

Tim Kenesey
Brad Altevogt
Tara Baker
Mark Dely
Sarah Earls
Tabitha Ervin
Brent Harring

Jake Torkeo
Heather Rohrbacher
Dr. Greg Johnson
Heather Leas
Jade Kelsey
John Motz
Jenn Sylvester

Fort4Fitness Staff

Satin Lemon
Sami Blair
Zac Compton
Amanda Burge



Shandi Menzie, NP
PPG - Internal Medicine



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PARKVIEW

Schedule Of Events

Friday, September 26, 2025



Parkview Field 1301 Ewing St, Fort Wayne, IN 46802

- 12:00PM - 8:00PM Packet Pick-Up
- 12:00PM - 8:00PM Fort4Fitness Festival Expo
 - F4F merchandise for sale & vendor displays
- 12:00PM - 7:00PM Food at Parkview Field Open
 - Food available in the TinCaps concession area
- 12:00PM - 6:00PM Kit's Club and Fox Trot Mile Check-In
 - Located inside the main entrance on Brackenridge and Ewing St.
- 12:00PM - 6:00PM Silver Fox Club Check-In
 - Located inside the main entrance at the Guest Services desk

-
- 6:30PM **Start: Fox Trot Mile**
 - Start Line located at the corner of Brackenridge and Ewing St.
 - 6:40PM - 7:30PM **Finish: Fox Trot Mile**
 - Finish Line located at home plate inside Parkview Field - Medals will be given to participants upon finish
 - 7:00PM - 7:30PM Stretching with Power Yoga

Schedule Of Events

Saturday, September 27, 2025

Start Line | Near Brackenridge St. Outside Parkview Field

7:30AM - 8:45AM Start Line Entertainment and Announcements
Provided by 97.3 WMEE
WANE 15 will feature coverage from
the race starting at 7:00AM

7:35AM Start Corrals Open for Half Marathon Participants
7:45AM Official Welcome – Half Marathon
National Anthem by Fort Wayne Children’s Choir
7:55AM Start: Half Marathon Wheelchair Participants
8:00AM Start: Half Marathon
Historic Fort Wayne, Inc. Cannon

8:05AM Start Corrals Open for 10K/4 Mile Participants
8:15AM Official Welcome – 10K/4 Mile
National Anthem by Fort Wayne Children’s Choir
8:25AM Start: 10K/4 Mile Wheelchair Participants
8:30AM Start: 10K/4 Mile
Historic Fort Wayne, Inc. Cannon

Inside Parkview Field | 1301 Ewing St, Fort Wayne, IN 46802

7:00AM Gear Check Opens
8:30AM - 12:30PM Post-Race Food in the Lincoln Financial Event Center
A FREE Flight by Yuengling/Michelob Ultra/Soda
at any Concession Stand **with your Bib Coupon**
F4F Merchandise for Sale and Vendor Displays
Finish Line Announcements by WBCL and STAR 88.3

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media partner for Fort4Fitness.

Must know tips for race day!



Know the start time of your race and the Start Line location.

Don't forget your race bib! Fill out the important medical information on the back and pin it in a visible location on the front of your race day clothing. The front of your bib also tells you which corral you will be in. Please wait until your corral and wave are called before entering.

Go to visitfortwayne.com to plan parking.

Make sure to review street closures at fort4fitness.org to know how to get close you can get to the Start Line.

Checking your gear? Gear Check opens at 7:00 AM inside Parkview Field. Use the gear check tag from your race bib and attach it to the bag that contains your belongings.

Grab a cheer sign at the Festival Expo from the PNC booth!

Know the course amenities: water, first aid, and entertainment.

As you approach Ewing Street and the final stretch, enjoy your last moments coming into Parkview Field and finishing around home plate!

You did it—wave to the cameras!

Accept your well-deserved finisher medal from a volunteer.

Visit a concession stand for your free Flight by Yuengling , Michelob Ultra or soda. Stop in at Post-Race Food in the Lincoln Financial Event Center and listen to the music at the Post-Race Party as you recover from your race.

Get your race results! Scan the QR code on your bib.

Thank every volunteer you see!



Proud Sponsor of **Fort4Fitness**

Faegre Drinker is proud to partner with and support Fort4Fitness. At the heart of our firm is a dedication to community engagement, fostering partnerships to keep our neighborhoods healthy, vibrant and connected.

Special Thanks to Our 2025 Charity Partners & Corporate Connections

Charity Partners

Big Brothers Big Sisters	Girl Scouts of Northern Indiana-Michiana	McMillen Health
Blue Jacket	Girls on the Run	Mission: Motherhood
Breastie Boxes	Heartbeat of Hoagland	Purdue University FW
Erin's House	Hope's Harbor	Ronald McDonald House Charities of Northeast Indiana
F.E.E.D Zimbabwe	Huntington County Humane Society	Special Olympics Indiana
Fort Wayne Center for Learning	Iris Family Support Center	Stillwater Hospice
Fort Wayne Community Schools	Kate's Kart	Turnstone
Fort Wayne Trails	Lost Dogs of Fort Wayne	Wags & Wiggles Rescue
GiGi's Playhouse	Make-A-Wish	YWCA Northeast Indiana

To give back to our community, Fort4Fitness implements the Charity Partner non-profit fundraising program annually. Registrants can choose a Charity Partner with no extra cost or commitment to them. If an organization can build a "team" of at least 100 participants who choose their organization, that non-profit will receive 10% of those registration costs as a donation at the end of the year.

Corporate Connections

3Rivers Federal Credit Union	The Ferguson Agency	Premier Truck Rental
Allen County Public Library	Fort Wayne Metals	Reusser
Anytime Fitness	Franklin Electric Co, Inc.	Riverside Mfg., LLC
Georgetown Square	Indiana Michigan Power	Ruoff Mortgage
Ash Brokerage	Indiana Tech	SRT Prosthetics and Orthotics
Barrett McNagny LLP	Jones Petrie Rafinski	Steel Dynamics
Berne Witness	McIntosh Energy Co.	Terex
Carson LLP	MedPro Group	TriCore Logic
CASS Housing	Micropulse	Vera Bradley Designs
Chick-Fil-A Coliseum Blvd.	MPS Egg Farms	Votaw Electric
Endodontic Associates	PNC Bank	

The Corporate Connection Program provides an opportunity for companies to encourage healthy living and physical activity in its employees. Through the program, companies offer their employees incentive to participate Fort4Fitness events by covering the cost (or a portion of the cost) of employee registrations.

BETTER COMMUNITY

for Time and Eternity

We celebrate and support **Fort 4 Fitness** for its dedication to helping Northeast Indiana residents improve their quality of life through fitness. Because of them, people are reaching their fitness goals and living healthier lives.

Together, we can build better community for time and eternity.



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KIT'S CLUB

The Fort4Fitness Kit's Club, tailored for children aged 4-14, champions exercise, wellness, and healthy lifestyles for both kids and their families, offering an array of distinctive training programs and events.

They finish out the program at the Fox Trot Mile, where each participant receives a medal.



SILVER FOX CLUB

Aimed at seniors, the program encourages them to stay active throughout the summer, participating in various activities like tours, cardio, drumming, and TinCaps games.

Open to those over 50, participants aim to log enough miles to complete a marathon distance by the Fox Trot event.

Register Now at Fort4Fitness.org

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Letter From the Mayor of Fort Wayne

Dear Fort4Fitness Participants,

Welcome to the 18th Annual Fort4Fitness Fall Festival. This is a fantastic annual event that attracts not only northeast Indiana residents, but people from across the country, and even overseas. More than 4,000 participants are expected to take part in this year's 4 Mile, 10K, and Half Marathon Events, plus the Final Mile race for kids and older adults.



Fort4Fitness is committed to wellness, fitness, and healthy living by providing signature events year-round. The Spring Cycle, Summer Sunset Relay, Fall Festival, and Winter Wonder Dash all cater to a diverse group of people. Some participants are just beginning their fitness journeys; others use F4F events as part of their continuous training. Many set their fitness goals around the Fort4Fitness schedule, and others come out just to experience a fun local weekend event. These events truly are for everyone.

Fort4Fitness also takes pride in the assets that the City of Fort Wayne has cultivated. The races are tailored for safety and fitness, yes, but also to showcase our vibrant downtown, Parkview Field, Fort Wayne parks and trails and historic neighborhoods – all of which help make Fort Wayne a great place to live, work, and play. The partnerships between Fort4Fitness and local businesses and organizations are also designed to benefit the community, providing programs to encourage wellness within corporate companies as well as providing fundraising platforms for non-profits.

Finally, I would like to thank the hundreds of volunteers, corporate sponsors and organizers who have worked countless hours to ensure the success of this community festival of health. On behalf of the residents of Fort Wayne, I commend you for your participation and your commitment and wish all of you well. By working together, we're providing an enhanced quality of life for all as a city that's fun, family-friendly, and safe.

Sincerely,

Sharon Tucker
Mayor of Fort Wayne

A large, stylized, light blue handwritten signature, likely belonging to Sharon Tucker, is positioned in the bottom right corner of the page.



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to the finish line to cheer on Fort4Fitness!*



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Letter From the Founder

To Fort4Fitness Participants, Volunteers,
and Spectators:

On behalf of our sponsors, staff, and board,
I welcome you to our four signature fitness
events in 2025:



- 14th annual F4F Spring Cycle, May 31;
- 5th annual F4F Summer Sunset Relay, June 28 ;
- 18th annual F4F Fall Festival, September 26-27; and
- 10th annual F4F Winter Wonder Dash 2K/5K, November 14-15.

We also welcome you to our two events in partnership with the Fort Wayne Zoo: the very 1st Glo Wild Mile on May 16, and the 2nd Run Wild 5K on June 7.

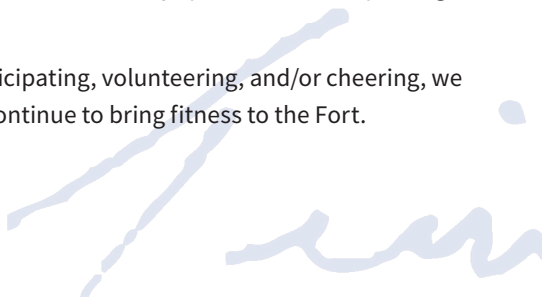
Each year, tens of thousands take part in one or more of these Fort4Fitness events as participants, volunteers, spectators, and community partners. I ask you to join me in thanking and honoring all who help make all of this possible:

- **Our generous sponsors**, whom you see in this program and on our website;
- **Our event chairs:** Jade Kelsey & Jake Torkeo (Spring Cycle), Tara Baker & Heather Leas (Summer Sunset Relay), Brent Harring & Jenn Sylvester (Fall Festival), and Brad Altevogt (Winter Wonder Dash 2K/5K), as well as their great committees.
- **F4F board members** and our hundreds of **friendly volunteers** who dedicate so much time to F4F;
- **The City of Fort Wayne** and the terrific public safety and healthcare professionals.
- **Our small but dedicated F4F staff:** Executive Director Satin Lemon, Community Relations/Marketing Coordinator Sami Blair, Race Director Zac Compton, and Volunteer Coordinator Amanda Burge.

We are proud that, over the last 18 years, F4F has become synonymous with improving fitness in Northeast Indiana. We are also proud that F4F continues to be a showcase for our dynamic community spirit and ever-improving “quality of place.”

And so, whether you are participating, volunteering, and/or cheering, we thank you all for helping us continue to bring fitness to the Fort.

Tim Kenesey
Fort4Fitness Founder
and Board Chair





REUSSER

Official Developer & Sponsor of Fort4Fitness

The partnership between Reusser and Fort4Fitness is years in the making, and marks a dynamic collaboration aimed at promoting health, wellness, and community engagement.



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NOVEMBER 14TH & 15TH, 2025

Grab your winter coat, hat, mittens and warm socks and get ready to experience one of Fort Wayne's favorite holiday traditions!



Every year, Blue Jacket, Inc. sets up beautiful holiday light displays throughout Franke Park for folks to drive through and enjoy. Fort4Fitness participants have special access to walk or run through the lights before the Blue Jacket drive-through event opens to the public! Gather a group of loved ones and create unforgettable, fun holiday memories as you take in the 140+ brilliant light displays.



Register Now at Fort4Fitness.org

Thank you to all of our volunteers!

It takes more than 1,000 volunteers to make Fort4Fitness events possible. We would like to say thank you to everyone who has given their time and talent to help make our events happen.

Our volunteers do so much to help us continue our mission of “inspiring healthy living and fitness throughout the Greater Fort Wayne region.”

Please give a big “thank you” to anyone you see in a volunteer shirt!



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Saturday, May 30th, 2026

The Fort4Fitness Spring Cycle is an annual Downtown Fort Wayne bike ride, perfect for casual family rides and serious cyclists alike! The Spring Cycle event will feature a variety of tour distances so people of all ages and skill levels can participate!



Registration Opens January 1st, 2026

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2025 Fall Festival Medals & Shirts



Half Marathon

10K

4 Mile





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ULTRAPURE

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JUNE 27TH, 2026

GATHER YOUR FRIENDS, FAMILY, AND
COLLEAGUES FOR THE EVENT THAT IS SURE
TO BE THE HIGHLIGHT OF YOUR SUMMER!



The Summer Sunset Relay is a friendly competition with the atmosphere of a fun backyard party! Sign up your team (or as an individual) to run as many one-mile laps as possible during the three- or six-hour time frame. You can look forward to activities around the course, free water stations and live entertainment throughout the day.



Registration Opens January 1st, 2026

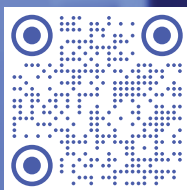


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Your Safety is our Priority.

We work with a number of organizations and individuals to make your Fort4Fitness experience the best it can be.

This support includes:

- Intersections and cross streets are marked and barricaded during the race to ensure the course is closed to vehicle traffic during the race times.
- Water stations are strategically located throughout the course. Your course map shows these locations. Each water station provides you access to hydration and first aid.
- Medical responders and first aid support are staffed throughout the event. Trained medical personnel will monitor the event both on the course during your run/walk as well as at the Finish Line at Parkview Field.
- Local police and volunteer course marshals provide added support during the races at intersections along your route.
- There are designated course captains (on bicycles) who patrol the course throughout the race events. They have direct communication with the Command Center to help respond to any emergency.
- There are vans designated as support vehicles following the course route and providing transportation to any participants who may need a return ride to Parkview Field.
- Local amateur radio operation volunteers provide added communication support on the Fort4Fitness course. They will be wearing green vests to assist in identification.

*There are events that could occur that are outside of the control of Fort4Fitness. Examples of these types of events include weather emergencies and public emergencies. We plan for these contingencies as well. For this reason, **Fort4Fitness reserves the right to cancel, delay or change the race to a nonscored event in case of extreme weather or other conditions affecting the safety of the participants.***

If a weather emergency or public emergency occurs, participants will be notified. This notification may consist of changing the flags at the water stations (see below), verbal notification from course marshals, text updates and emergency vehicles, and/or through the use of the Emergency Management weather alerting sirens. You should follow all directions provided by public safety officials, race staff, and volunteers.

Flag Warning System:

There will be a simple flag color system along the course to help warn participants of weather related or course related problems. Flags are located at each water station along the course.

NO FLAG	Proceed as normal.
GO!	Everything is fine, proceed as normal. Will be used to RESUME race after a delay.
CAUTION!	The heat index is at a point that participants should slow down and drink plenty of water OR possible storms are approaching and participants should begin to plan accordingly.
DANGER!	Storms or heat have disrupted the race. Participants should slow down and drink plenty of water. Official timing of the event has stopped and no awards will be given out.
STOP AND SEEK SHELTER!	Race has been cancelled due to extreme weather or course emergency. An event such as lightning, tornado or human disaster has or is occurring. All participants need to seek shelter immediately.

TURN-BY-TURN DIRECTIONS

Half Marathon

- E on Brackenridge
- S on Harrison
- E on Wallace
- S on Calhoun
- W on Pettit
- S on Hoagland
- W on Paulding
- S on Fairfield
- U-Turn on Fairfield
- NW onto Greenway Trail
- E on Foster Park Road
- S on Old Mill
- S on Hartman
- E on Westover
- S on Crestwood
- E on Sherwood Terrace
- S on Stratford
- E on Pettit
- S on Indiana
- SE on Old Mill
- NE on Old Farm Circle
- N on South Wayne
- W on Oakdale
- N on Indiana
- E on Kinnaird
- N on South Wayne
- E Beechwood Cir
- E on Pontiac
- N on Hoagland
- W on Bass
- N on Fairfield
- E on Baker
- N on Ewing
- E into Parkview Field

10K Run/Walk

- E on Brackenridge
- S on Harrison
- E on Wallace
- S on Calhoun
- W on Pettit
- N on South Wayne
- W on Oakdale
- N on Indiana
- E on Kinnaird
- N on South Wayne
- E on Beechwood Cir
- E on Pontiac
- N on Hoagland
- W on Bass
- N on Fairfield
- E on Baker
- N on Ewing
- E into Parkview Field

4 Mile Run/Walk

- E on Brackenridge
- S on Harrison
- E on Wallace
- S on Calhoun
- W on Darrow
- N on Hoagland
- E on Dewald
- N on Webster
- W on Melita
- S on Hoagland
- W on Bass
- N on Fairfield
- E on Baker
- N on Ewing
- E into Parkview Field

KEY/SYMBOLS



WATER
SPORTS DRINK
MEDICAL
PORTABLE RESTROOMS

START

FINISH

4 MILE ROUTE
10K ROUTE
HALF MARATHON ROUTE

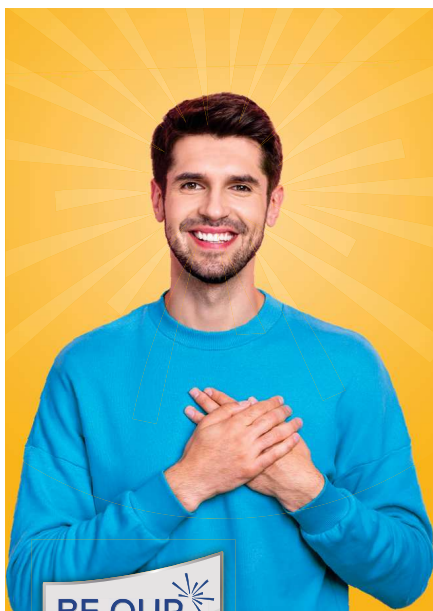




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MAP LEGEND

Race Parking

No Parking

Start Line Area

Corrals



Parking Map

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